

PE at Thorndown

We aim to offer a journey of physical development through a variety of differentiated activities, promoting health and well-being and constructing a life-long commitment to physical health through exercise and sport.

We seek to create an inclusive learning atmosphere with a diverse curriculum to suit and challenge all individuals. We encourage and promote an ethos of creativity, ambition, resilience and empathy throughout PE at Thorndown. By the end of Key Stage 1 our goal is for the children to be physically literate in a wide range of different skills. At the end of Key Stage 2 our goal is for the children to be able to apply these skills that they have learned to small, team orientated games. These include dance, games, gymnastics, swimming and water safety, athletics and outdoor adventure activities.

We feel that competition is a worthy component of some of our activities in school and in life; we therefore encourage the children to participate in competitions in and out of school. We provide a range of extra-curricular activities for children to participate in and to develop their enthusiasm for physical exercise.