

Sex and relationship education is taught in Years 1, 3, 5 and 6. Below is an outline of the units of work which are taught to the children. Parents are will be informed, by letter or email, before the sessions take place. They are welcome to view any of the units of work or materials that will be used in the class. You have the right to remove your child from these sessions. A copy of our SRE policy can be found on our school website.

Year 1

What are the names of the main parts of the body?

- What can my body do?
- When am I in charge of my actions and my body?
- Do I understand how amazing my body is?
- How can I keep my body clean?
- How can I stop common illnesses and diseases spreading?

Year 3

- How are males and females different and what are the different parts called?
- What can my body do and how is it special?
- Why is it important to keep clean?
- What can I do for myself to stay clean and how will this change in the future?
- How do different illnesses and diseases spread and what can I do to prevent this?

Year 5

- What are male and female sexual parts called and what do they do?
- What happens to the bodies of boys and girls when they reach puberty?
- What influences my view of my body?
- How can I keep my growing and changing body clean?
- How can the spread of viruses and bacteria be stopped?
- What is HIV?

Year 6

- How are babies made?
- How can I express my feeling positively as I grow up?
- When am I responsible for how others feel?
- What should adults think about before they have a baby?
- What are families like?